



# PURA News

Purdue University Retirees Association

## October 2022

### What's Inside:

<b>Welcome!</b> .....	1
<b>PURA Business</b>	
October Reminders .....	2
Tour the New Purdue Veterinary Hospital on October 21.....	2
Congratulations to Two PURA Retirees! .....	2
Jerry's Jottings:.....	3
PURA Kickoff, Arthur J. Hansen and Betty M. Nelson Awards Presented	
Can You Help? Looking for Updated Retiree Email Addresses, PURA Committees	
PURA Kickoff Luncheon Recap .....	4
<b>Health/Benefits</b>	
For PURA Health Insurance Participants: Q & A On New Renew Active Fitness Benefit .....	7
Last Call: October 19 Retiree Flu Shots/Wellness Screenings, Details and Map .....	13
<b>Features</b>	
Tech Bytes: Email Can Be Fragile .....	9
Sara Jane Coffman: Where Did You Go, Mom? .....	10
<b>Events/Calendars</b>	
Upcoming PURA Events.....	11
October Campus/Community Calendar Highlights .....	12
Parke County Covered Bridge Festival, October 14-23 .....	14
<b>About PURA News</b> .....	14
<b>Zoom Connection Information for PURA Meetings</b> .....	15

### Welcome Current & New PURA News Readers!

The PURA newsletter, published 10 times a year, regularly features articles on retiree benefits, Purdue news, upcoming opportunities to hear interesting speakers with other retirees, health topics, humor, Indiana travel, and PURA business.

We hope you'll find this publication informative and entertaining, but if you're not interested you may, of course, opt out.

We welcome your comments and suggestions (send to: [pura@purdue.edu](mailto:pura@purdue.edu)), and we invite you to join us at our programs—in-person or virtually.

## October Reminders:

- Monthly first Monday luncheon events resume on October 3. Join us at the VFW in Lafayette. Dr. Ann Sommer will discuss “Dealing with Hearing Issues.” Lunch will be available beginning at 11:30 a.m. ET for \$10 per person.
- Walk-in flu shots and wellness screenings will be available on October 19 from 8:30 a.m. ET until 4:00 p.m. ET at 2550 Northwestern Ave. (previously the State Farm regional office building), West Lafayette. Details and the driving map are included again at the **end of this issue**.
- The annual United Way fund drives have kicked off. In the United Way of Greater Lafayette campaign as of September 9, Purdue retirees have already pledged or contributed over \$71,000 towards our \$175,000 goal—or 40.7%. In 2021 retirees contributed over \$188,000 to the Greater Lafayette United Way campaign. If you live in a different area, check your local United Way’s website to contribute. Thank you to all who support these important community agencies.
- Plan ahead and hold the date for the PURA Annual Spring Conference (new name for PLIR, i.e. the Purposeful Living in Retirement annual conference.) The theme of “Purposeful Living” will remain the same. It is scheduled for April 19, 2023, at the Beck Center in West Lafayette.

---

## Invitation to Tour the Purdue University Veterinary Hospital



Artist’s rendition from the College of Veterinary Medicine’s website.

Join other PURA members on a tour of Purdue’s new veterinary hospital complex on **Friday, October 21, 2022 at 2:30 p.m. ET**. Dedicated in April, the new facilities are located adjacent to Lynn Hall, which has served as the home of the College of Veterinary Medicine since its inception. Notable components of the new complex include a separate hospital for equine patients, a stand-alone facility for farm animals, and a new structure that expands the Small Animal Hospital by adding 65,000 square feet to the existing facility in Lynn Hall. The new David and Bonnie Brunner Small Animal Hospital building provides state-of-the-art space for Emergency and Critical Care Service and Intensive Care Unit as well as Anesthesiology, Diagnostic Imaging, Internal Medicine, Orthopedic and Soft Tissue Surgery, and Neurology and Physical Therapy. It doubled the number of exam rooms and added 11 new operating rooms.

The tour will last approximately 90 minutes and will involve a fair amount of walking. **Please wear closed-toed shoes.** Attendees are encouraged to park in the Harrison Street Parking Garage (using your new retiree parking permit) and walk to Lynn Hall room 1136 to assemble for the tour. This tour can accommodate up to 50; we’ll break into smaller groups for the actual tour.

To reserve your spot, please email [PURA@purdue.edu](mailto:PURA@purdue.edu) no later than October 14.

---

## Congratulations To Two PURA Retirees!

Mary Gardner has been chosen Golden Hoosier for 2022. The Golden Hoosier Award was established to acknowledge and recognize outstanding seniors for their lifetime of service to their communities. Sponsored by Indiana Lieutenant Governor Suzanne Crouch in collaboration and partnership with the Indiana Family and Social Services Administration, the Golden Hoosier Award is the highest honor bestowed on a senior in Indiana. The ideal recipient is considered an unsung hero who has not received previous recognition for the impact they have made in the lives of others and the community. (As reported in the WALLA September 2022 Newsletter.)

Norman Long will be inducted into the National 4-H Hall of Fame at the Class of 2022 induction ceremony on October 7, 2022, in Washington, D.C.. (For more information about this prestigious national award visit: <https://www.nae4hydp.org/page/HallofFame>)

## Jerry's Jottings



Fall is in the air! Football season is well underway, the squirrels are everywhere hiding food for the winter and our gardens are starting to die back. All sure signs that fall is here. I enjoy the fall, but as I get older I am not so excited about anticipating the season that follows.

### Annual PURA Kickoff Luncheon

About 130 of your fellow retirees gathered at the Marriott Courtyard in Lafayette on September 12 for the annual PURA Kickoff Luncheon. The last in-person Kickoff luncheon was held on September 9, 2019. This once again—hopefully—annual event is our opportunity to celebrate past accomplishments and kick off our new year of programming while enjoying being with friends.

Richard Lynch, Amanda Barthelemy, Jennifer Kremer, and Kate Wright from TIAA, Jason Rudder from Fidelity, and Bob Falk from Purdue Federal Credit Union were among the special guests at the luncheon. We appreciate the financial support for our programming provided by these organizations. PURA also receives tremendous support from the Office of the Vice President of Human Resources and Benefits. Bill Bell, Vice President of Human Resources, and staff members Shan Chen, Janine Gulbranson, Susan Ince, Kate Lamar, Teresa Schnarr, and Candace Shaffer were also in attendance. Show them your appreciation if you have the opportunity.

The **Arthur G. Hansen Award** which recognizes the school, department, or division that excels in fostering a strong relationship between that unit's retirees and Purdue University was presented to the Cooperative Extension Service and its retiree organization. Dr. Angela Abbott, Associate Director of Purdue Extension and Nancy and Mary Schuman were present to receive the award. TIAA funds the Hansen Award.

The **Betty M. Nelson Special Recognition Award** honors a person or entities that have improved the lives of Purdue Retirees or made outstanding contributions to PURA. This year we presented two Betty M. Nelson Awards. Olivia Wood, as the nominator, presented the award to David Caldwell, who has been a longtime member of the Annual Spring Conference (PLIR) committee, travelling several hours each way to faithfully attend meetings and events. Melinda Bain, as one of the nominators, presented the second award to Scott Ksander. Scott, Chair of the Media and Communications Committee, was instrumental in keeping PURA alive and functioning during the pandemic. Both recipients actively support retirees beyond their PURA roles.

I would like to give special recognition to the PURA Kickoff committee that puts in a tremendous amount of effort to make the luncheon a success. Co-chairs of the committee are Viki Taylor and Karen Ferry, and members are Kay Branson, Gail Overholser, Lenny Seidel, and Pam Staggs. A big THANK YOU to all of them!

### Can You Help?

- We need your help in reaching out to fellow retirees (especially recent retirees) to encourage them to become actively involved in PURA. We need some fresh faces on our committees and to take leadership roles in PURA. We'd love to have you! Contact us at [pura@purdue.edu](mailto:pura@purdue.edu).
- We also ask that you verify with other retirees that they are receiving PURA emails. If they are not and wish to, please let us know at [pura@purdue.edu](mailto:pura@purdue.edu).

Thanks,

Jerry Day  
PURA President



Check out the **PURA News** Campus/Community events calendar at the end of this newsletter for October highlights. This month features talks by PURA members Jill May and Robert May, Mitch Daniels' discussion with columnist Peggy Noonan at the October Purdue Presidential Lecture, and Mitch Daniels talking with C-SPAN founder Brian Lamb about his accomplishments over the last 10 years and future plans.



## PURA Kickoff Luncheon Recap



PURA's Annual Kickoff Luncheon returned to its first in-person event since 2019. The event was held at the Courtyard by Marriott / Lafayette on September, 12, 2022. President Jerry Day served as master of ceremonies welcoming all to the luncheon and updated the retirees on the State of PURA from 2020 to the present.



Jeremy Slater, Vice President Capital Projects and Facilities Purdue Research Foundation, was our keynote speaker. Mr. Slater presented highlights of the Purdue Research Park (PRP), which is the largest university-affiliated business incubation complex in the country. PRP is the landing pad for startups built around new ideas emerging from Purdue and Discovery Park, Purdue's on-campus endeavor to bring innovation through multidisciplinary research, and includes facilities that provide a work/live/play environment, such as Provenance and the Convergence. PRF is bringing the University's business-building programs and services to other parts of Indiana. ([www.discoveryparkdistrict.com](http://www.discoveryparkdistrict.com) for more information)



The Cooperative Extension Service unit of the School of Agriculture was selected as this year's recipient of the Arthur G. Hansen Recognition Award. The approximately 300 Cooperative Extension Service retirees participate in many unit activities. This \$2,500 award is given to a college, school, department, or division that excels in fostering a strong relationship between its retirees and Purdue.

*(Continued on page 5)*

The Betty M. Nelson Award is presented by the Purdue University Retirees Association to recognize persons or entities that have greatly improved the lives of Purdue retirees or made outstanding contributions to PURA. This year's dual recipients are David Caldwell, member of the PURA Annual Spring Conference committee, and Scott Ksander, chair of the PURA Media Communications committee.



**David Caldwell, center, receiving the Betty M. Nelson Special Recognition Award from President Jerry Day and nominator Olivia Wood.**

David Caldwell has devoted more time and personal expense to PURA activities than any other member, going way above and beyond any usual commitment. Former PURA President and chair of the PLIR committee Olivia Wood shared a rundown of David's PURA activities—*for the year 2019 alone*.

“David traveled over 4,869 miles to participate in PURA activities, which took over 90 hours just in travel time. He lives in Connersville, Indiana, a 5-hour round-trip drive from the Lafayette area.

David is in the process of completing his second 3-year term on the PLIR/Annual Spring Conference committee. He has led the exercise sessions during the program, including the exercise session on the April 2022 virtual PLIR program.

Additionally, he attends every Annual Spring Conference Committee meeting (6 per year), plus the conference event itself, the annual kickoff luncheon, and most of the PURA monthly meetings. He accepted the role of portraying Orville Redenbacher as a PURA Historic Character, attending many of the PURA Historical Character activities. Some of those activities were in other locations—and in the evening—meaning he needed to stay overnight several times, all at his own expense.

As Orville he was wildly popular, and was interviewed for the *Tuesday Tours* sponsored by the Purdue Alumni Association, resulting in a permanent record in their Archives. At the Ag Fish Fry in Indianapolis the corn exhibitors thought he was the real Orville. They were running down the exhibit hall calling his name to get a picture with him.

David has been very involved in the Purdue Alumni Association in his local area and teaches in Silver Sneakers several times a week. David's passion for Purdue, PURA, and retirees in general has been way beyond the call of duty as a member. He truly exemplifies every aspect of the purpose of the Betty Nelson Award. I am so honored to present the award to David Caldwell, and we should also thank his wife Betty who was his faithful travel partner on each trip.”



**Scott Ksander, center, receiving the Betty M. Nelson Special Recognition Award from PURA President Jerry Day and Melinda Bain, one of the nominators.**

Former PURA President and long-time chair of PURA's Scholarship committee, Melinda Bain, introduced our second Betty M. Nelson award winner, Scott Ksander.

“Since his retirement from Purdue, Scott has been an enthusiastic resource to both retirees and community members. He is a skilled technician and educator who generously shares his knowledge and expertise in a variety of situations. Some examples:

He kept PURA alive after the Pandemic Stay at Home Order was issued in March 2020, sharing his personal Zoom account, which resulted in no missed PURA Board Meetings and allowed the First Monday lunch meetings—minus food, of course—to continue monthly. He facilitated media assistance for PLIR presentations, the virtual kickoff luncheon last September, Campus and Community Virtual tours, and pre-recorded individual presenters.

He worked closely with a local service organization and PURA leadership to successfully research and jointly purchase and install media equipment for a new venue when MCL closed, anticipating the time when we could all gather again for meetings.

He is involved with the community and PURA members, spending countless hours troubleshooting email difficulties with local providers and Purdue University. He offers assistance and guidance to individuals with computer, cell phone and program difficulties. He presents regular seminars for PURA and the Purdue Women's Club members and writes a regular column in the *PURA News* newsletter.

And, most importantly, he is available by email to answer technology questions from PURA members.

Based on this individual's continuous and active involvement with PURA members, his rapid response to assist the PURA Board during the COVID pandemic shutdown, and his acceptance to chair the Media Communications Committee, I am delighted to present the Betty M. Nelson Special Recognition Award for 2022 to Scott Ksander.”

*(Continued on page 6)*



In closing, Roy Johnson led the retirees in singing “Hail Purdue”.



Visit the PURA website [www.purdue.edu/retirees/](http://www.purdue.edu/retirees/) to view a video of the luncheon and speaker’s talk.

## **PURCare/Medicare Advantage PPO Group News:**

### **Renew Active© Q&A**

PURA Insurance plans for 2023 were announced in the September edition of the PURA Newsletter. At that time, we learned that effective January 1, 2023, Silver Sneakers will be replaced by Renew Active© as the fitness program available to you through your PURcare Senior Supplement or PURA Group Medicare Advantage (PPO) plan. It is not surprising that there might be questions regarding the transition to Renew Active. We have identified several questions that are likely to be on your mind. Those questions and answers follow.

#### **Q. What is Renew Active and what should I expect from Renew Active?**

- A. Renew Active is a comprehensive Medicare fitness program for body and mind. It will be available with your plan at no additional cost starting on January 1, 2023. You will be able to work out where you want, whether at a gym or fitness location or from your home. Renew Active includes:
- A free gym membership.
  - Access to a nationwide network of gyms and fitness locations.
  - An annual personalized fitness plan.
  - Access to a library of on-demand workout videos and livestreaming fitness classes.
  - The option of bringing a family member, friend or caretaker to the gym, at no additional cost, to assist you with your workout.
  - Access to home fitness kits for those members living more than 15 miles from a partnering gym and/or are physically unable to access a partnering gym location.

Renew Active also provides access to an online brain health program from AARP, “Staying Sharp” with exclusive content for Renew Active Members, including:

- Brain health assessment.
- Interactive Brain Challenges.
- A guide to Music and Brain Health, videos, fun games and more.
- Through Renew Active you will be able to connect with other health-minded members through:
- Social activities at local health and wellness classes and events.
- Step challenges with other members through the Fitbit Community for Renew Active-----no Fitbit device is needed. Joining the community also provides access to Fitbit Premium.

#### **Q. Why did we agree to accept Renew Active as PURA’s provider of fitness programs?**

- A. The Benefits Committee has for the past several years considered the option of accepting Renew Active as PURA’s provider of fitness programs. Each year, in the past, the committee has elected to retain Silver Sneakers. The committee has consistently maintained that PURA would remain with Silver Sneakers until we were satisfied that the Renew Active fitness programs were equal to or better than those of Silver Sneakers and that the transition to the new program would be easy and transparent to PURA members. The committee believes that is now the case.

#### **Q. I am not sure that my gym or fitness facility participates in the Renew Active Program. How can I learn if my facility participates in Renew Active?**

- A. There are three fairly easy ways that you can get an answer to that question. The first and probably the easiest way is to ask the staff at your gym or fitness facility, A second way is to visit [UHCRenewActive.com](http://UHCRenewActive.com) to search for participating facilities by each facility’s zip code. The third way is to call the United Healthcare customer service number on the back side of your UHC membership ID card. The numbers to call are:

PURCare/Senior Supplement; 1-800-851-3802; 8am-8pm; Monday through Friday

United Healthcare Group Medicare Advantage (PPO); 1-800-457-8506; 8am-8pm; Monday through Friday

*(Continued on page 8)*

**Q. I have learned that my gym/fitness facility is not a part of the Renew Active network. I am happy with my current gym/facility and would rather not have to change to another. What can I do?**

- A. This situation should not occur frequently, but when it does, let's work together, to bring your gym into the Renew Active network. There are several things that can be done:
- Members can log onto their member account at [Retiree.UHC.com](http://Retiree.UHC.com) and then go under Health and Wellness to find Renew Active where you can: a) complete an online nomination form, or b) obtain a Renew Active Referral flyer you can print and present to the manager of any non-participating fitness location. The flyer provides a brief overview of the program and the next steps for the location to join Renew Active.
  - The member may contact United Healthcare customer service at the number on the back of their UHC PURCARE/Senior Supplement or Group Medicare Advantage (PPO) Membership ID card. This is a quick and easy way to nominate a facility for the Renew Active network.

**Q. How do I access my Renew Active benefits?**

- A. Your Confirmation Code is key! Every Renew Active member is provided a unique confirmation code that is used to (i) access the member's gym membership, (ii) create an account on AARP Staying Sharp, (iii) join the Fitbit Community for Renew Active and (iv) gain access to Fitbit Premium (no Fitbit device is required). Your unique confirmation code will be available to you on January 1, 2023. Once you have that code, present it to your participating facility and you will receive a gym membership at no additional cost.

**Q. How do I obtain my Confirmation Code?**

- A. Your Renew Active Confirmation Code which starts with a letter followed by nine numeric digits will be available to you on January 1, 2023. You may obtain your Confirmation Code in any one of the following ways:
- Take your UHC issued PURCare/Senior Supplement or PURA Group Medicare Advantage (PPO) Membership Card to a participating facility. Facility staff, using the member ID from the back of your membership card, will enroll you in Renew Active. This mirrors the Silver Sneakers process flow of today.
  - Call the customer service number that appears on the back of your UHC PURCare/Senior Supplement or PURA Group Advantage (PPO) member ID card. You will be provided your confirmation code. Make a note of your Confirmation Code and provide it to the staff at your gym.
  - Sign into your plan website at [Retiree.UHC.com](http://Retiree.UHC.com). Click on Health and Wellness in the upper right-hand corner. Select Renew Active. Again, make a note of your Confirmation Code and provide it to the staff at your gym.
  - Your Code will be included in your Renew Active welcome letters which you will receive early in 2023. Provide the Confirmation Code to the staff at your gym.

**Q. what should I expect to occur from now until the transition to Renew Active on January 1, 2023?**

- A. Several things will be happening.
- Around Mid-November—PURA members will receive a transition letter from United Healthcare announcing the change from Silver Sneakers to Renew Active effective January 1, 2023. This letter will also describe the benefits of the Renew Active program and where to go to learn more.
  - January 1, 2023—The Renew Active fitness program will be available to PURcare and PURA Medicare Advantage (PPO) members.
  - Q1 2023—Members will receive a Renew Active Welcome letter from United Healthcare that will again describe the benefits of Renew Active and will, as previously described, provide your confirmation Code.

**Q. What should I be doing in anticipation of the transition to Renew Active?**

- A. Here are some things you should consider doing:
- Learn more about Renew Active by visiting [UHCRenewActive.com](http://UHCRenewActive.com).
  - Ask the staff at your facility, if the facility is in the Renew Active network. If unsure, visit [UHCRenewActive.com](http://UHCRenewActive.com) to search for visiting facilities by zip code. Note: use the facility's zip code.
  - If your facility is not currently in the Renew Active network, nominate the facility via the process that has been previously described.

*(Continued on page 9)*



## Q. Whom shall I call if I have further questions or require further assistance?

A. PURCare/Senior Supplement; 1-800-851-3802; 8am-8pm; Monday through Friday. Or, UnitedHealthcare Group Medicare Advantage (PPO); 1-800-457-8506; 8am-8pm; Monday through Friday.

---

## PURA Tech Bytes

By Scott Ksander



### Email Can Be Fragile

If you are reading this, you likely received the latest PURA Newsletter via email. PURA is moving increasingly to using email rather than USPS mail (often called Snail Mail) to save money as postal mail costs continue to increase. Using this “free” service does come with some problems, however. Email can be fragile.

The first problem is that people can easily change their email address without changing their physical address. Changing email from *@comcast.com* to *@gmail.com* is fast and easy. If you do not tell us at PURA that you have changed your email address, we have no way of sending you email at the new address. We also see this as people changing their “name”, for example, *from xxx@gmail.com to xxx123@gmail.com*. **When you change your email or are informed that a fellow retiree is now using a different address, PLEASE let us know by sending information to [pura@purdue.edu](mailto:pura@purdue.edu).**

In addition to PURA sending to the wrong addresses because we don’t have current email information, we continue to have problems with people not receiving email that we know *was* sent to the correct addresses. These are most often traced back to various email systems trying to eliminate “spam”. This term is from a Monty Python sketch which used it to stand for something ubiquitous, unavoidable, and repetitive. The volume of spam email has grown steadily since the early 1990s. 2021 estimates say that 319 billion emails were sent daily worldwide and that 90.3% of US Internet users regularly use email. In December of 2021, spam accounted for 45% of all email traffic.

The amount of daily spam is decreasing because of aggressive efforts by email vendors. These efforts, however, sometimes come at a cost. For any given definition of spam, there are communications that might match that definition that are important to some. Early efforts tried to ban “dirty words”. Not only do some words have multiple meanings, but these kinds of restrictions are also easily defeated by obvious spelling or punctuation changes.

Email providers started to deliver suspected messages to a “Junk Mail” or “SPAM” folder rather than to the standard “Inbox” but this also became ineffective. Currently, many email providers are simply not delivering suspected spam email at all. Current estimates are that 80% of all email is never actually delivered because of these restrictions. The challenge for PURA is to be sure our email doesn’t look like spam and we are working hard to achieve that.

Some email providers also use a “block list” of believed sources of spam email. All email from those listed sites is discarded as junk and not delivered. Sadly, sometimes Purdue is placed on these lists and all Purdue email to recipients of that email provider go undelivered. We only know about these blocks when they are reported and then Purdue works with the email provider to get removed from their list as soon as possible.

As you can see, email can be fragile. The message here is that we need your help. **If email is not arriving for you or fellow retirees you know, please report that to [pura@purdue.edu](mailto:pura@purdue.edu).** We cannot guarantee we can fix things beyond our control but we will certainly try.

## Where'd You Go, Mom?

By Sara Jane Coffman



Growing up, kids have a lot to learn. Besides book-learning in school, they have to learn to navigate through life, and that involves learning the different emotions.

I remember the first emotion I ever experienced: panic. When I was about three, my parents took my brother and me to an amusement park and put us in a little boat that went around in a tub of water. At first, it was fine. My parents stood there waving at us. But then our boat rounded the corner . . . and they disappeared!

Then poof. They reappeared.

Then poof. They disappeared.

Then poof. They reappeared.

I was a mess by the time the ride was over, and as an adult, I've avoided boats as much as possible.

Add alarm and disbelief to panic, and you have my first day at kindergarten. I remember standing at the bottom of the cement steps that led up to the front door of the school and thinking "I can't get up there!"

I must have done it somehow, though, because my school records say I completed kindergarten.

Another emotion I remember learning was embarrassment. Now, the thing about embarrassment is: if you do something dumb when you're by yourself, it doesn't matter. To be truly embarrassed, you have to do something dumb in front of other people.

Which I did—at Vickie Nielsen's pajama party. All evening I ate large quantities of things we rarely ate at home—pizza, popcorn, potato chips, and ice cream.

And that's the order in which I threw them up. My mother had to come and get me.

But along with the unpleasant emotions were the wonderful ones, like belonging. When I was a little girl and woke up before my parents did, I'd go down to their room, and crawl into bed between them. Their warm and cozy bed made me feel warm and cozy, too.

I also felt a sense of belonging when the Mouseketeers sang "Now it's time to say good-bye to all our family" at the end of the Mickey Mouse Club. And when Roy Rogers and Dale Evans sang: "Happy trails to you" at the end of their show.

I remember rapture—being so immersed in a project that I blocked out the rest of the world. That happened when I'd play with the paper dolls my grandma kept in a special desk drawer. I remember sitting on the floor trying to decide which outfit to put on which cardboard doll and concentrating on folding the paper tabs of the dresses just right so they'd fit.

I remember anticipation—wanting to do the things the older kids were doing, like taking the big, yellow bus to school, and doing homework at the kitchen table like my brother did.

Old enough to wear makeup, perfume, and high heels like my mother did when she and my dad were going out.

And old enough to not have to sit at the kids' table at Thanksgiving and Christmas.

I felt a sense of accomplishment the first time I flew down the street on a two-wheeled bike.

*(Continued on page 11)*

I experienced awe on Christmas Eve when we lit candles at church and transferred the flame down the pew to the candle of the person sitting next to us.

Sometimes an experience I have as an adult takes me back to the first time I had that feeling. For instance, the other day I was standing in line to go through security at the airport and reached into my purse to get my driver's license. It wasn't there. I panicked!

In the nick of time, I found it in my pants pocket.

But for a split second, there I was—at the amusement park—going around in that little boat again.

## Mark Your Calendars! Upcoming PURA Events

### 3 October, 2022 PURA monthly meeting.

- **Location:** IN-PERSON at Lafayette VFW, Duncan Road, Lafayette, Indiana. Also **VIA ZOOM** broadcast from our studio at the VFW.
- **Time:** Program begins at 12:30 p.m. ET; speaker at 12:40 p.m. ET.
- **Speaker:** Dr. Ann Sommer, Clinical Assistant Professor, Speech, Language and Hearing Sciences, Purdue.
- **Topic:** Dealing with Hearing Issues

### 19 October, 2022 Retiree Flu Shots & Wellness Screening. WALK-IN.

Flu shots and wellness screenings will be available in a walk-in setting. See the full article at the end of this newsletter for details about the type of flu shots to be offered and the wellness screenings.

- **Location:** 2550 Northwestern Avenue.
- **Time:** 8:30 a.m. ET to 4:00 p.m. ET.

### 21 October, 2022 Tour of New Veterinary Medicine Hospital Complex.

The tour will involve a fair amount of walking, as the equine, farm animal and small animal clinics are in separate buildings. Registration is limited to 50 people, though will break into smaller groups for the actual tour. **Please wear closed-toed shoes.** To reserve your spot, please send email to [PURA@purdue.edu](mailto:PURA@purdue.edu) no later than October 14.

- **Location:** Group will gather at Lynn Hall room 1136 to begin the tour. Park in the Harrison Street Parking Garage (using your new retiree parking permit).
- **Time:** 2:30 p.m. ET—approximately 4:00 p.m. ET.

### 7 November, 2022 PURA monthly meeting.

- **Location:** IN-PERSON at Lafayette VFW, Duncan Road, Lafayette, Indiana. Also **VIA ZOOM** broadcast from our studio at the VFW.
- **Time:** Program begins at 12:30 p.m. ET; speaker at 12:40 p.m. ET.
- **Speaker:** Scott Ksander
- **Topic:** Tech Toys for the Holidays & Other Relevant Computer Topics.

### 5 December, 2022 PURA monthly meeting.

- **Location:** IN-PERSON at Lafayette VFW, Duncan Road, Lafayette, Indiana. Also **VIA ZOOM** broadcast from our studio at the VFW.
- **Time:** Program begins at 12:30 p.m. ET; speaker at 12:40 p.m. ET.
- **Speaker:** Trevor Luzum, Krannert School of Management, Purdue.
- **Topic:** Evolution of Purdue Pete and the Boilermaker Special.

### 2 January, 2023 NO PURA MONTHLY MEETING due to the holiday.

### 19 April, 2023 PURA Annual Spring Conference. Beck Agricultural Center, West Lafayette.

PURA's virtual meetings are presented via Zoom. Zoom connection information and other important updates are provided via email, the *PURA News* newsletter, and our website: [www.purdue.edu/retirees](http://www.purdue.edu/retirees)



## October Campus/Community Calendar Highlights

### Academic/Holiday Schedule

10-11 Oct.—October Break. No classes.

23-27 Nov.—Thanksgiving Break. No classes on Wed., Nov. 23; offices closed Thurs./Fri. Nov. 24-25.

17 Dec.—Fall semester ends; winter commencements on Dec. 17-18.

23, 26, 30 Dec., and Jan. 2, 2023—University holidays. (As currently published.) Offices closed.

9 Jan., 2023—Spring semester begins.

### events.purdue.edu

Check out this one-stop-shopping calendar, which features campus, student, and community events. Purdue art galleries exhibits and theatre offerings have now been added.

Events are listed by date. Clicking on a photo icon takes you to a new page showing additional information about the event, including intended audience and the event's home website.

Highlights for October include (free and open to the public, unless noted):

- **1-2 Oct.—Annual Feast of the Hunter's Moon.** Ft. Ouiatenon. See web site for times and ticket information.
- **5 Oct.—"Spearheading Environmental Change: The Legacy of Indiana Congressman Floyd J. Fithian," book talk by the authors, who are Purdue emeriti faculty and PURA members, Jill May and Robert May.** West Lafayette Public Library, Maple and Elm rooms. 6:00 p.m.-8:00 p.m. ET. Books will be available for purchase. More information about the book at: <https://wlaf.lib.in.us/calendar/book-talk-spearheading-environmental-change-the-legacy-of-indiana-congressman-floyd-j-fithian-by-jill-may-and-robert-may/>
- **7 Oct.—Center for Aging and the Life Course Colloquium.** Convergence Center, 101 Foundry Drive, West Lafayette.
- **Thursdays, through Oct. 27—Purdue Farmers' Market,** 11:00 am—3:00 pm ET. (West Lafayette's Wednesday Farmer's Market and Lafayette's Saturday Farmer's Markets also run through the end of October.)
- **17 Oct.—"Columnist Peggy Noonan on Culture, History & Life in Our Times."** Purdue Presidential Lecture Series. 6:00 p.m. ET Fowler Hall, West Lafayette campus. WILL BE LIVESTREAMED—you may join the livestream from the event page on the calendar.
- **24 Oct.—"A Conversation with Brian Lamb."** Special guest Purdue President Mitch Daniels and Brian Lamb "take a look back at the past 10 years at Purdue under Daniels' leadership and discuss what may lie ahead for this former Indiana governor." Hosted by the Center for C-SPAN Scholarship and engagement. 6:30 p.m.—8:00 p.m., ET. Fowler Hall, West Lafayette Campus. Free, but registration is required and guests must show their e-tickets at the door.
- **Purdue Fall Sports: ongoing.** Football, baseball, volleyball, soccer, swimming and diving, cross country are in full swing, and wrestling begins at the end of October.

## Last Call: October’s Annual Retiree Flu Shots/Wellness Screenings

### When, Where

As mentioned in this month’s “Jerry’s Jottings,” one more retiree flu shot event will be offered in October at 2550 Northwestern Avenue, in West Lafayette (entry via Kent Avenue.) The building is the former State Farm Insurance Company building in West Lafayette. It will be walk-in, in-person and optional wellness screenings will be available.

**Location:** Suite 1100, Room 1160A.

**Time:** from 8:30 a.m. ET to 4:00 p.m. ET.

Because of the heavy demand in 2021, we encourage everyone to avoid arriving at the opening times; rather, try to space yourselves out to facilitate social distancing and reduce wait times.

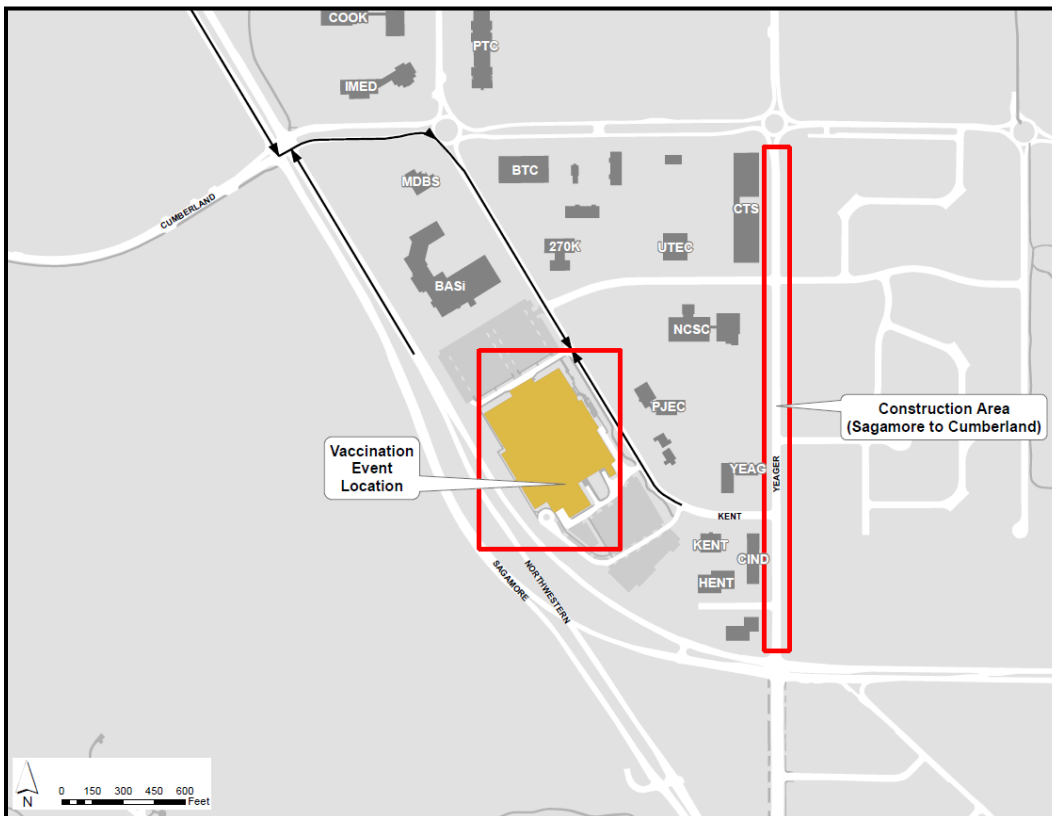
### What To Bring

If you wish to have a flu shot, please bring your insurance card. If you’re covered by Medicare, you will need to bring your Medicare card.

### How to Get There

Due to ongoing road construction on Yeager Road (which will allow only northbound traffic in Sept./Oct.), it’s recommended that retirees take Cumberland Ave.—north of the building—to Kent Ave. Use the first (north) entrance to enter the parking lot. (See the map below.) PURA volunteers will be on hand to direct you into the building.

To exit the lot, go out the south exit to Kent, and turn left (north) back to Cumberland to avoid Yeager Road.



### Which Flu shot Will Be Offered?

We will be offering Seqirus Fludax at the retiree clinics. This flu vaccine contains more antigen (more protection) compared to a standard flu shot. It is approved for 65+ and is preservative free. If you have questions or need any information, please contact Erika Burchett, PPHC Manager, One to One Health, by phone at 765-494-0111, or by email at [Erika.Burchett@121.health](mailto:Erika.Burchett@121.health).

*(Continued on page 14)*

### **Other flu shot options**

Of course, PURA members may alternatively schedule their flu shots with their respective medical providers or contact their local pharmacies.

### **Wellness screenings**

Every Purdue retiree and spouse is entitled to have one free wellness screening each year. A wellness screening includes a blood pressure check, pulse, O2 saturation and a finger stick for glucose, total cholesterol, triglycerides, high density lipoprotein, low density lipoprotein, and total risk calculation.

*If you plan to have a wellness screening, a 6-hour fast is recommended.*

Wellness screenings are conducted by RNs getting their practitioner degrees and 4<sup>th</sup> year students. We recommend a six hour fast, but also have non-fasting values. Come support the nursing students and get your screening. If you have any questions or need any information, call 765-496-0308.

### **Retiree flu shot website:**

<https://www.purdue.edu/hr/CHL/Services/FluShots/retireeFluShot.php>



**October 14-23, 2022,  
Parke County Covered  
Bridge Festival™**

<https://www.coveredbridges.com>

For more information on fall events in Indiana, check out the [visitindiana.com](http://visitindiana.com) website.



### **About PURA News**

The Purdue University Retirees Association newsletter is published for official retirees of Purdue University, and prepared by the PURA Communications Committee.

**Send suggestions or ideas for PURA or the newsletter to:**

Office of Retiree Affairs  
2550 Northwestern Ave., Suite 1100  
West Lafayette, IN 47906  
Telephone, via Purdue Benefits help line:  
(toll free) 877-725-0222  
Email: [pura@purdue.edu](mailto:pura@purdue.edu)

*2022-2023 PURA Communications Committee:*

*Chair: Karen Lembcke*

*Members: Connie Bilyeu, Jo Thomas*

**[www.purdue.edu/retirees](http://www.purdue.edu/retirees)**



## Zoom Connection Information for PURA Meetings

The Zoom connection information for PURA monthly meetings is shown below. **The link, Meeting ID, and password will be the SAME for all normal monthly meetings.**

Members who wish to join via phone call audio only will need the separate Passcode shown below. (The password/passcode for that method is different from the normal “computer connection” to Zoom.)

### Join Zoom Meeting

[https://zoom.us/j/97285398989?  
pwd=MIB4U0FudEplMFRoWm1GTkZzNmYrZz09](https://zoom.us/j/97285398989?pwd=MIB4U0FudEplMFRoWm1GTkZzNmYrZz09)

**Meeting ID:** 972 8539 8989

**Passcode:** BoilerUp

### One tap mobile

+13126266799,,97285398989#,,,,,0#,,41051096# US (Chicago)

+19292056099,,97285398989#,,,,,0#,,41051096# US (New York)

### Dial by your location

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Germantown)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 972 8539 8989

**Passcode:** 41051096

**Find your local number:** <https://zoom.us/u/acvQOKVcnE>

